

## Step One

**Welcome to the Seed Reporting Tool**

User (This is your email):  
seedcounsellor

Password:  
●●●●●●

Submit

[Forgot your password?](#)

Seed Reporting Tool - Execution time: 0,0095 seconds

## Step Two

PHPfileNavigator2

Exit

Location: Start/

| <input type="checkbox"/>            | Name   | Type    | Size | Date             | Permissions | Actions |
|-------------------------------------|--|---------|------|------------------|-------------|---------|
| <input type="checkbox"/>            | Counselling Manual                             |         |      | 13:28 14-04-2009 | 755         |         |
| <input checked="" type="checkbox"/> | Interview Techniques and Job Search Strategies | CONTENT | -    | 13:28 14-04-2009 | 755         |         |
| <input type="checkbox"/>            | Other career tools                             | EMPTY   | -    | 13:28 14-04-2009 | 755         |         |
| <input type="checkbox"/>            | Self Assesment Tools                           | CONTENT | -    | 13:28 14-04-2009 | 755         |         |

Selection: 1-3

3 F

Bandwidth limit: 199.99 MB

99%

Seed Reporting Tool - Execution time: 0,0754 seconds

### Step Three

The screenshot shows the PHPfileNavigator2 interface. At the top, there is a navigation bar with the application name and an 'Exit' button. Below it, the current location is 'Start / Interview Techniques and Job Search Strategies /'. A table lists files with columns for Name, Type, Size, Date, Permissions, and Actions. The file 'Blue collar Job Search Strategies Workbook Jan 09' is highlighted, and its action icon (a disk) is circled in red. A yellow callout box points to this icon with the text: 'To save a particular file, click on the image of the disk under the actions column.'

| Name  | Type | Size   | Date             | Permissions | Actions |
|---|------|--------|------------------|-------------|---------|
| Interview Techniques and Job Search Strategies    |      |        | 13:28 14-04-2009 | 755         |         |
| Blue collar Job Search Strategies Workbook Jan 09 | PDF  | 60 KB  | 13:28 14-04-2009 | 644         |         |
| Job Search Strategies Workbook Feb09              | PDF  | 116 KB | 13:28 14-04-2009 | 644         |         |
| Responding to Advertisements                      | PDF  | 48 KB  | 13:28 14-04-2009 | 644         |         |

Selection: 3 Files - Size: 224 k

Bandwidth limit: 199.99 MB

99%

Seed Reporting Tool - Execution time: 0,0372 seconds

### Step Four

The screenshot shows the same PHPfileNavigator2 interface as in Step Three, but with a Firefox dialog box open. The dialog box title is 'Opening Blue%20collar%20Job%20Search%20Strateg...'. It contains the text: 'You have chosen to open ...ch%20Strategies%20Workbook%20Jan%202009.pdf which is a: Adobe Acrobat Document from: http://www.workplacewellness.co.nz'. Below this, it asks 'What should Firefox do with this file?' and offers three options: 'Open with: Adobe Reader 9.1 (default)', 'Save File', and 'Do this automatically for files like this from now on.'. The 'Open with' option is selected. A yellow callout box at the bottom of the dialog box contains the text: 'Then select the appropriate action from the dialogue box that appears. You can open the file to read or save the file directly to your computer.'

Opening Blue%20collar%20Job%20Search%20Strateg...

You have chosen to open

...ch%20Strategies%20Workbook%20Jan%202009.pdf

which is a: Adobe Acrobat Document

from: http://www.workplacewellness.co.nz

What should Firefox do with this file?

Open with: Adobe Reader 9.1 (default)

Save File

Do this automatically for files like this from now on.

OK Cancel