

Professional Development Opportunity

Critical Incident Stress Management Awareness Group Crisis Intervention

2 Day Intensive Training

**Training and course content approved by International Critical Incident
Stress Foundation (ICISF)**

The CISM Group Crisis Intervention training program presents the core elements of a comprehensive, systematic and multi-component crisis intervention curriculum. This two-day course prepares participants to understand a wide range of crisis intervention services including pre and post incident crisis education, crisis intervention for individuals, demobilisation and crisis management briefings after both small & large scale traumatic incidents, and small group defusing and debriefing. The need for appropriate follow-up services and referrals when necessary is also described. The course highlights the difference between internationally accepted protocols in the area of post incident support (prepares individuals to provide these interventions) and that of therapeutic intervention.

Locations:

Christchurch - 2nd & 3rd March 2010
Wellington - 29th and 30th April 2010
Auckland - 30th and 31st March 2010

Venues: To be advised

Trainer Sandra Johnston

Accredited and Registered trainer Critical Incident Stress Management Foundation of Australasia & the International Critical Incident Stress Management Foundation (HQ USA) ACISA & CISMFA member

Dip Clinical Supervision; Dip Counselling; Cert. CI Response training. Certificate in Adult Education & Teaching (CATE)

Sandra is one of two internationally registered CISMFA trainers in New Zealand. She is the Seed Trauma Services Manager with responsibility for recruiting, training and accrediting Seed's national network of trained CI responders and managing the critical incident process for Seed.

About Seed

Seed is a Not for Profit organisation providing a range of services in support of workplace wellness. In the last year we have provided responses to over 150 traumatic events affecting people at work.

Course Content

Day One 8.30am – 7.30pm
Introduction to key terms and concepts:
stress and trauma; critical incident stress;
crisis intervention; resilience.

CISM: an overview
Peer Support
Guidelines for responding to colleagues who are highly distressed
One to One – SAFERR model
Large Group crisis intervention
Demobilisation
Crisis Management Briefings (CMB)

Day Two 8.30am – 7.30pm
Small Group Crisis Briefing SCMB
Defusing
Critical Incident Stress Debriefing
Skills practice sessions involving specific scenarios
Evaluation

Fees

\$600.00 GST inclusive (a 10% early-bird discount applies to registrations confirmed before 31 December 2009).

Fee includes lunch (2), dinner (1), morning/afternoon tea, all course materials and certificate of attendance.

Full attendance over the two days is required before the certificate can be issued.

Registration

Please complete the attached form and return to Seed before 30 September 2009.

Accommodation

Participants may make their own arrangements.

The International Critical Incident Stress Foundation, Inc. (ICISF)

ICISF is a non-profit, open membership foundation dedicated to the prevention and mitigation of disabling stress through the provision of: Education, training and support services for all Emergency Services professions; Continuing education and training in Emergency Mental Health Services for Psychologists, Psychiatrists, Social Workers and Licensed Professional Counsellors; and Consultation in the establishment of Crisis and Disaster Response Programs for varied organizations and communities worldwide

Critical Incident Stress Management Foundation of Australia (CISMFA)

CISMFA assists personnel in emergency services and allied organizations in the prevention and effective management of critical incident stress. CISMFA adopts the particular model of Critical Incident Stress Management and embraces the philosophies and principles of the International Critical Incident Stress Foundation ICISF.

Further Information

Please email theteam@seed.co.nz if you have any queries

Participant Reviews

The trauma training offered by SEED was the most relevant training I have done in several years. Sandra Johnston was able to extend my knowledge and hone my skills through a good balance of information sharing and role play. Sandra is a humble expert with a vast theoretical and practical experience on which to base her presentation. Well worth the 2 day investment.

Martin Kelly
Dip Teaching (Christchurch) MEd (Cant.),
MEd (Otago). Dip Ed Psyc (Otago)

Our recent training and certification through Seed and ICISF has provided us with updated methods of practice and has been greatly appreciated by those who attended from our Agency. We look forward to ongoing practice updates and endorse any training provided by Seed.

Isobel, Frank, Marion
Wilson Associates, Invercargill



Registration Form Critical Incident Stress Management Awareness Group Crisis Intervention

Name	
Address	
Contact phone number	
Email	
Brief description of current work/qualifications	

Please register me for the Critical Incident Stress Management Awareness Group Crisis Intervention at:

- Christchurch **2nd & 3rd March 2010**
- Wellington **29th and 30th April 2010**
- Auckland **30th and 31st March 2010**

My course registration payment is enclosed:

- \$540.00 (if paid before 31 December 2009)
- \$600.00 (if paid after 1 January 2010)

Signed:

Cancellation policy:

If you are unable to attend this training, Seed will refund the following amounts:

- Cancellation notice before 1 February – full fee refund
- Cancellation notice after 1 February – 50% refund.

Please forward your registration and payment before 1 February 2010 to:

Seed
PO Box 10950
Wellington

On receipt of registration, Seed will provide an acknowledgement and GST invoice for the conference fees. On completion of the course, (full attendance at both days is required) all participants will receive a certificate of attendance.